



# WEEKLY BULLETIN of Rotary Mangalore North (R.I. 3181)

# ROTANORE



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## A Hearty Welcome to our Today's Chief Guest

### SWAMINI MANGALAMRATA PRANA

A dedicated spiritual leader and a beloved disciple of Sadguru Sri Mata Amritanandamayi Devi (AMMA).

Born into a family of spiritual seekers, Swamini Amma as she is fondly referred to, holds a Master's Degree in Commerce and a Bachelor's in Education. Drawn to the divine presence of AMMA, she joined the Mata Amritanandamayi Math in 1992, dedicating herself to spiritual studies, sadhana, and selfless service. In 1997, on Vijayadashami, she was ordained into Brahmacharya and came to be known as Brahmacharini Mangalamrta Chaitanya. In March 2020, she took Sannyasa, marking a deeper commitment to spiritual service.

For over two decades, Swamini Amma has been at the helm of the Mangalore Math, overseeing spiritual and humanitarian activities in Dakshina Kannada, Udupi, and Uttara Kannada districts. Under her leadership, the Math has been actively involved in:

- **Spiritual Initiatives** – Conducting satsangs, spiritual retreats, and temple services.
- **Humanitarian Work** – Organizing free medical camps, Amrita Dispensaries, clothes donations, tree-planting drives, and scholarships for deserving students.
- **Community Programs** – Leading the Amala Bharata Cleanliness Drive, AmritaSREE self-help groups for women empowerment, and youth leadership initiatives through AYUDH.

Additionally, she plays a crucial role in education, overseeing five Amrita Vidyalayam schools in Mangalore, Davanagere, Karwar, Belgaum, and Hosanagara. Her leadership has brought ISO 9001:2015 certification and the British Council International School Award to these institutions, ensuring a culture of academic excellence and holistic development.

For its outstanding social, cultural, and educational contributions, the Mangalore Math received the prestigious Rajyotsava Award in 2018. Swamini Amma continues to spread AMMA's message of love and selfless service, inspiring countless individuals on their spiritual and humanitarian journey.

PROGRAMME

TODAY AT 07.30 PM

Chief Guest: **Swamini Mangalamrta Prana**

Topic: **World Understanding and Peace**

Ann & Annets invited

Dinner Meeting

Next meeting. 04.03.2025 AT 07.30 PM

**Speaker meeting**

Ann & Annets invited

## The Month of February in Rotary is World Understanding and Peace and Conflict Prevention/resolution month.

The month of February is very special in the Rotary calendar because it includes the anniversary of the first meeting of Rotary held on February 23, 1905, now designated as the "World Understanding and Peace Day".

Millions of people all over the world are currently displaced by armed conflict or persecution. In fact, 90% of casualties in armed conflicts are civilians, half of which are children. Through service projects and Rotary programs, the Rotary family is committed to pursuing projects that address the structural causes of conflict, including poverty, inequality, ethnic tension, lack of access to education, & unequal distribution of resources.

Rotarians train adults and young leaders to prevent and mediate conflict, and aid refugees who have fled dangerous areas. In designating World Understanding Month, the Rotary International Board asks all Rotary clubs to plan programs for their weekly meetings and undertake special activities to emphasize "understanding and goodwill as essential for world peace".

World Understanding Month is a chance for every club to pause, plan and promote the Fourth Avenue of Service-Rotary's continued quest for goodwill, peace and understanding among people of the world.

RI President Stephanie Urchick and other Rotary members are organizing a Presidential peace conference on February 20-22, 2025 in Istanbul, Turkiye. The theme of the conference is "Healing in a Divided World". "Rotary is an organization founded on the principle of advancing world understanding, goodwill, and peace. It is our responsibility to promote peace," says Urchick, who has made this topic a focus of her presidency. "I am expecting the conference will help showcase Rotary's role in a variety of peacebuilding stakeholders, including our partners, trustees, and directors; some of the 1,800 peace center alumni; members of our Rotary Action Group for Peace; and others with an interest in advancing peace," Urchick says.

Conference sessions will promote approaches to conflict resolution that are based on empathy and critical thinking. With these skills, current and future generations can find ways to resolve disputes without violence.

Through global grant activities, clubs and districts can participate in strategically focused, high-impact activities that align with Rotary goals that address this area of focus including to train leaders including potential youth leaders to prevent and mediate conflict, support peacebuilding in communities and regions affected by conflict, and support studies related to peace and conflict prevention/resolution for career-minded professionals.



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**ತಾರೀಖು 18.02.25 ರಂದು ನಡೆದ ಸಾಪ್ತಾಹಿಕ ಸಭೆಯಲ್ಲಿ ಶ್ರೀ ಶೀನ ಶೆಟ್ಟಿ, ನಿರ್ದೇಶಕರು ಜನ ಶಿಕ್ಷಣ ಟ್ರಸ್ಟ್ ಬಾಳೆಪುಣೆ, ಹಾಗೂ ದ.ಕ. ಜಿಲ್ಲಾ ಸ್ವಚ್ಛತಾ ರಾಯಭಾರಿ ಅವರಿಗೆ ರೋಟರಿ ಉತ್ತರ ಕ್ಲಬ್ ನ ಪ್ರತಿಷ್ಠಿತ ಅತ್ಯುತ್ತಮ ವೃತ್ತಿ ಸೇವಾ ಪ್ರಶಸ್ತಿಯನ್ನು ನೀಡಿ ಗೌರವಿಸಲಾಯಿತು.** ಪ್ರಶಸ್ತಿ ಸ್ವೀಕರಿಸಿ ಮಾತನಾಡಿದ ಶ್ರೀ ಶೀನ ಶೆಟ್ಟಿಯವರು ಜೀವನದಲ್ಲಿ ಬೇರೆಯವರ ಸೇವೆ ಮಾಡಲು ತುಂಬಾ ಅವಕಾಶಗಳು ಒದಗಿ ಬರುತ್ತವೆ. ನಾನು ಕಳೆದ ಮೂರು ದಶಕಗಳಿಂದ ಶಾಸಕಾಂಗ, ಕಾರ್ಯಂಗ, ನ್ಯಾಯಾಂಗ ಮತ್ತು ಪತ್ರಿಕಾ ರಂಗದೊಂದಿಗೆ ಸೇರಿ ನಿರಂತರವಾಗಿ ಜನ ಶಿಕ್ಷಣ ಟ್ರಸ್ಟ್ ಅಡಿ ಕೆಲಸ ಮಾಡುತ್ತಾ ಇದ್ದೇವೆ. ಇಷ್ಟಾ ಶಕ್ತಿ, ಕ್ರಿಯಾಶಕ್ತಿ ಜನಶಕ್ತಿ ಧನಶಕ್ತಿ ಸೇರಿದರೆ ಕೆಲಸ ತಾನಾಗಿಯೇ ಆಗುತ್ತದೆ. ಎರಡು ತಾಯಂದಿರು. ಭೂಮಾತೆ ಮತ್ತು ಪ್ರಕೃತಿ ಮಾತೆ. ಇವರ ಮೇಲೆ ದೌರ್ಜನ್ಯ ಸಲ್ಲದು. ಮಾದಕ ವಸ್ತು ತಡೆ ಅಭಿಯಾನ, ಮಹಿಳಾ ದೌರ್ಜನ್ಯ ತಡೆ ಅಭಿಯಾನ, ಕ್ಯಾನ್ಸರ್ ತಡೆ ಅಭಿಯಾನ, ಏಕ ಬಳಕೆ ಪ್ಲಾಸ್ಟಿಕ್ ತಡೆ ಅಭಿಯಾನ ಇತ್ಯಾದಿ ಬಹುಮುಖಿ ಸಮಾಜ ಸೇವೆಯಲ್ಲಿ ತೊಡಗಿಸಿಕೊಂಡಿದ್ದೇವೆ. ಬಯಲು ಕಸ ಮುಕ್ತವಾಗಬೇಕು. ಆಗ ಎಲ್ಲ ಅಭಿವೃದ್ಧಿ ಸಾಧ್ಯ. ರೋಟರಿ ಸಂಸ್ಥೆಯೊಂದಿಗೆ ಸೇರಿ ಇನ್ನೂ ಹಲವಾರು ಸೇವೆಗಳನ್ನು ಮಾಡುವ ಭಾಗ್ಯ ಒದಗಿ ಬರಲಿ ಎಂದರು.

ಅಧ್ಯಕ್ಷ ಮೋಹನ್ ನಾಯರ್ ಎಲ್ಲರನ್ನು ಸ್ವಾಗತಿಸಿದರು. ಹಾಗೆಯೇ ಸಭೆಗೆ ಆಗಮಿಸಿದ್ದ ಮುಖ್ಯ ಅತಿಥಿಗಳ ಬಹು ಆಪ್ತ, ಎಲ್ಲಾ ಕೆಲಸಗಳಲ್ಲಿ ಅವರೊಂದಿಗೆ ಕೈ ಜೋಡಿಸುತ್ತಾ ಇರುವ ಜನಶಿಕ್ಷಣ ಟ್ರಸ್ಟಿನ ಶ್ರೀ ಕೃಷ್ಣ ಮೂಲ್ಯ ಮತ್ತು ರೋಟರಿ ಹುಬ್ಬಳ್ಳಿ ಉತ್ತರ ಇದರ ಸದಸ್ಯರಾದ ಶ್ರೀ ಆರ್. ಎನ್. ಗೋಗ್ರಿ, ಅಸಿಸ್ಟೆಂಟ್ ಕಮಿಷನರ್ GST ಇವರುಗಳನ್ನೂ ಸ್ವಾಗತಿಸಿದರು PDG ರೋ. ದೇವದಾಸ್ ರೈ ಅವರು ಫೆಬ್ರವರಿ 28 ರಂದು ಹೋಟೆಲ್ ಮೋತಿಮಹಲ್‌ನಲ್ಲಿ ರೋಟರಿ ಕ್ಲಬ್ ಸೆಂಟ್ರಲ್ ನಡೆಸಿ ಕೊಡುವ ರೋಟರಿ ಕ್ಲಬ್‌ನಲ್ಲಿ ನಮ್ಮ ಕ್ಲಬ್‌ನ ಪರವಾಗಿ ಟೀಮ್ ಕಳುಹಿಸಿ ಕೊಡುವಂತೆ ಕೇಳಿಕೊಂಡರು.

PDG ರೋ. ಕೃಷ್ಣ ಶೆಟ್ಟಿಯವರು ನಮ್ಮ ಕ್ಲಬ್ ಈವರ್ಷ CSR ಗ್ರಾಂಟ್ ಮೂಲಕ ರೂ. 35 ಲಕ್ಷದ **Modular Kitchen**ನ್ನು ಲೇಡಿಗೊಷನ್ ಆಸ್ಪತ್ರೆಗೆ ನೀಡುವ ಪ್ರಾಜೆಕ್ಟ್ ಹಮ್ಮಿಕೊಂಡಿದೆ. ಕ್ಲಬ್ ರೂ. 1,80,000 ನೀಡಬೇಕಿದ್ದು ಎಲ್ಲರೂ ಕೈ ಜೋಡಿಸಬೇಕೆಂದರು. ರೋ. ಟಿ. ಜಿ. ಶೆಣೈ ಯವರು ಪ್ರಾರ್ಥನೆ ನೆರವೇರಿಸಿ ಕೊಟ್ಟರು. ರೋ. ಡಾ. ಶಿವಪ್ರಸಾದ್ ವೃತ್ತಿ ಸೇವಾ ಪ್ರಶಸ್ತಿ ವಿಜೇತ ಶ್ರೀ ಶೀನ ಶೆಟ್ಟಿಯವರ ಭಿನ್ನವತ್ತಳೆ ವಾಚಿಸಿದರು. ಕೊನೆಯಲ್ಲಿ ರೋ. ಡಾ. ಸತೀಶ್ ಕುಮಾರ್ ಶೆಟ್ಟಿ ಯವರು ವಂದನಾರ್ಪಣೆಗೈದರು.





## Lifeline Surgicare




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## BOW and ARROWS

It is not enough to possess either only a powerful bow or only a sharp arrow in order to hit a target. The bow and the arrow should act in unison to achieve this purpose. Bow's capacity to shoot an arrow should match with arrow's design to propel forward. Only when these two 'partners' act in harmony, will it be possible to strike the post!

In our society too energy and enthusiasm of the young should blend well with wisdom and experience of the elderly for achieving social and economic progress. Energy of our youth is like a powerful arrow; it can achieve results only if shot through the 'bow' made up of wisdom of the elderly. Similarly, experience of the elderly will be useless if it does not utilize the enthusiasm of the young.

*We need a harmonious blend of energy and wisdom in order to move forward.*

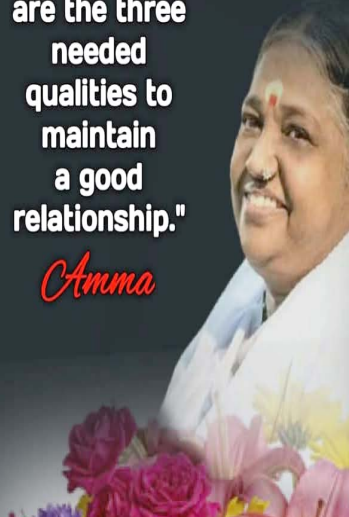
Late- S. Narayana Rao ( from 2016 Rotanore )

## Invocation at Club Meetings

In most Rotary clubs, such as ours, it is customary to open weekly meetings with an appropriate invocation or blessing. Usually such invocations are offered without reference to specific religious denominations or faiths. Rotary policy recognizes that throughout the world Rotarians represent many religious beliefs, ideas and creeds. The religious beliefs of each member are fully respected, and nothing in Rotary is intended to prevent any individual from being faithful to such convictions. At international assemblies and conventions, it is traditional for a silent invocation to be given. In respect for all religious beliefs and in the spirit of tolerance for a wide variety of personal faiths, all persons are invited to seek divine guidance and peace "each in his own way." It is an inspiring experience to join with thousands of Rotarians in an international "silent prayer" or act of personal devotion.

"Patience,  
love and  
forgiveness  
are the three  
needed  
qualities to  
maintain  
a good  
relationship."

*Amma*



## FORTHCOMING ROTARY EVENTS

ROTARY INTERNATIONAL CONVENTION - "CALGARY -2025"



Rotary International Convention-2025 will be held from 21<sup>st</sup> to 25<sup>th</sup> June, 2025 at Sampepe Park, Calgary, Alberta, Canada. The registrations for the said event is already open. Interested members may register for the event.

## HAPPY BIRTHDAY



Rtn T G Shenoy 20<sup>th</sup> Feb



Rtn J V Shetty, 23<sup>rd</sup> Feb

Annet Joshil D/o Rtn. Yogish Kumar, 21st Feb.



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